

# Maidstone Grammar School



## **SEX & RELATIONSHIP EDUCATION POLICY**

## **Aims of Sex and Relationship Education**

Maidstone Grammar School believes that sex and relationship education is an educational entitlement of all pupils and an integral part of each pupil's emergence into adulthood.

The school aims to:

- encourage personal responsibility in all forms of behaviour
- encourage self esteem
- encourage respect and consideration for others
- provide support and information for young people and their parents
- promote the spiritual, moral, cultural, mental and physical development of the pupil
- prepare pupils for the opportunities, responsibilities and experiences of adult life
- teach pupils the nature of marriage and its importance for family life and the bringing up of children
- ensure that pupils are protected from teaching and materials which are inappropriate having regard to the age and the religious and cultural background of the pupils concerned

### **Content**

Sex and Relationship Education provides knowledge and encourages the acquisition of skills and attitudes which will allow pupils to manage their lives in a responsible and healthy way.

#### **(a) Knowledge and information**

At Maidstone Grammar School Sex Education is delivered as part of the Health Education Programme as a cross curricular theme. The programme is set in the context of section 403 of the Education Act 1996 with amendments in compliance with section 148 of the Learning and Skills Act 2000.

#### **Year 7**

Puberty/physical changes in the body/menstruation/human reproductive system/fertilization/gestation and teen problems – Science Key Stage 3

Physical changes/puberty - PSHCE

Emotional change – PSHCE

Personal Hygiene - PSHCE

#### **Year 8**

Body Image and Eating Disorders - PSHCE

#### **Year 9**

Six lessons: Sex and Relationships Local Authority Programme – PSHCE  
(School Nurse teaches lessons 3 & 6) topics include:

- Are you ready for sex?
- Sexual relationships
- Contraception
- Sexual discrimination
- Sexually Transmitted Infections (STI's)

### **Year 10**

Types of relationship – heterosexual/homosexual – PSHCE

Marriage, family and children -PSHCE

Menstrual Cycle - Science KS4

### **Year 11**

Sex cells, growth of foetus, hormones, genetics - Science KS4

Love/relationships/marriage/divorce/sexuality - RS

Contraception/fertility treatment - RS

Testicular Cancer - PSHCE (School Nurse)

Sex and Relationships – PSHCE

#### **(b) Values and Beliefs**

As well as knowledge and information pupils will be encouraged to consider the importance of the following:

respecting and valuing themselves and others

understanding and sensitivity towards the needs and views of others

responsibility for their own actions

responsibility to the school, their families and the wider community

#### **(c) Skills and Abilities**

Pupils will be helped to develop the following skills:

communication, including the making and keeping of relationships

assertiveness

decision making

recognising and using opportunities to develop a healthy lifestyle

### **Organisation**

(a) Sex Education is co-ordinated by the Alternative Educational Co-Ordinator (whose role includes being Head of PSHCE).

(b) Delivery is through:-

- planned aspects within the Science, RE, and PSHCE curricula.
- addressing moral and ethical issues which may arise from apparently unrelated topics in all National Curriculum subjects. Within this category, as long as any discussion takes place within the context of the subject it will not be deemed to be part of the sex education programme and therefore not subject to the parental right of withdrawal.

### **Exemption from sex education**

If the parent of any pupil in attendance at Maidstone Grammar School requests that he may be wholly or partly excused from receiving sex education at the school, the pupil shall, except so far as such education is comprised in the National Curriculum, be so excused accordingly until the request is withdrawn.